

Instruction: an obligatory medical check-up for foreign citizens

I. Prepare documents:

- Passport (original)
- Photocopy of the first page of the passport
- Passport translation into Russian
- Photocopy of a study visa (if you have a study visa) or a Student ID (if you don't have a study visa)
- Migration card (original+photocopy)
- Registration slip (original+photocopy)
- Money (4100 roubles (as of April 2022), cash or on a bank card)

II. Visit #1

1. Avoid taking antidepressants, drugs, sleeping pills and other similar substances before the visit. If you take any medicine, don't forget to bring your prescription.
2. Do not eat at least 2 hours before the visit (due to the blood test).
3. Take your documents (see Section I)
4. Visit time: Monday-Friday, 8:00 – 15:30
5. Address: City polyclinic #3 (Moscow, metro Маяковская, Ermolayevsky Pereulok, house 22/26, build. 1
Городская поликлиника № 3 (г. Москва, Ермолаевский переулок, д. 22/26, стр. 1)
6. Go to the 1st floor, room 107:
 - Submit your documents (see Section I)
 - When asked about a phone number, you can give the SIMO number +7 916 971 48 07
 - Check that your personal data is indicated correctly in a contract
 - Sign the contract and an agreement for personal data processing
 - Make the payment (if in cash)
 - Collect your medical records booklet
7. Go to the 2nd floor, room 208:
 - Make a payment and collect a receipt (if by a bank card)
 - Have your payment slip stamped (if you paid in cash earlier)
8. Take tests:
 - Chest X-ray
 - Blood
 - Urine
 - Skin check
9. Go to room 110:
 - Submit your medical records booklet
 - Find out the date and time of your Visit #2 (usually scheduled in 3-4 days)

III. Visit #2

1. Go to the polyclinic #3 on the scheduled day and time.
2. Go to the 1st floor, go to room 107 (or 110) and collect your medical check-up results (a medical summary certificate, HIV test result, a certificate from a narcologist).
4. Within 1 day after receiving the check-up results, please email a scan/photo of the documents to SIMO at international.study@hse.ru, putting 'Medical check-up documents' in the subject line.

If you have any questions about the procedure, please contact SIMO at international.study@hse.ru or by phone +7 916 971 48 07.