



NATIONAL RESEARCH  
UNIVERSITY

# EXCHANGE AT HSE UNIVERSITY: VISAS, ACADEMIC MATTERS



HSE University, 2021



# HSE UNIVERSITY



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# HSE UNIVERSITY

SIMO website for exchange and visiting students - [istudents.hse.ru](https://istudents.hse.ru)

## Exchange & Visiting Students Support



For prospective exchange and visiting students

Download Exchange Student Handbook



**BEFORE EXCHANGE**

- [Apply for Your Mobility](#)
- [Academic Calendar](#)
- [Application Process](#)
- [Visa Details](#)
- [Medical Insurance](#)
- [Pre-Departure Webinars](#)
- [Preliminary Course Choice](#)
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- [For Spring 2022 students](#)

**STARTING EXCHANGE**

- [Orientation Session](#)
- [Settle in at the Dormitory](#)
- [Getting Registered](#)
- [Visa Prolongation](#)
- [Student Documents](#)
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- [Manage your Study Plan](#)
- [Russian as a Foreign Language](#)

**DURING EXCHANGE**

- [Studies&Dorm in Module 2 '21](#)
- [Studies at HSE \(general info\)](#)
- [Course Catalogue](#)
- [Teaching Quality Assessment](#)
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**FINISHING EXCHANGE**

- [How Do I End My Mobility](#)
- [Transcript of Records](#)
- [Sharing Experience](#)

## EXCHANGE AT HSE UNIVERSITY

# SURVEY



Go to [www.menti.com](https://www.menti.com) and  
use the code **4333 9491**

<https://www.menti.com/rybayjha1d>





# **EXCHANGE AT HSE UNIVERSITY**

- 1. COVID-19 situation**
- 2. Visa**
- 3. Medical insurance**
- 4. Dorm**
- 5. Academic calendar**
- 6. LMS**
- 7. Types of courses**
- 8. Credits and grading system**
- 9. Russian as a Foreign Language course**

# EXCHANGE AT HSE UNIVERSITY: **VISA AND LIFE IN MOSCOW**

## Current COVID-19 situation in Moscow

- Vaccination is underway
- Masks in public transport and public places
- Shops and restaurants are open with safety measures
- QR codes for visiting museums and events
- PCR test to get a QR code
- No travel restrictions within Russia



More info about Moscow life on <https://www.themoscowtimes.com/>



# EXCHANGE AT HSE UNIVERSITY: **VISA AND LIFE IN MOSCOW**

## SEMESTER DATES

1 <sup>st</sup> PCR test	3 days prior to your departure
Arrival dates	09.01-11.01.2022
2 <sup>nd</sup> PCR test	Within 3 days after your arrival
Orientation session	10.01-14.01.2022
Study period: <i>Spring semester</i>	10.01.2022 – 30.06.2022
Departure dates: <i>Spring semester</i>	01.07.2022 – 03.07.2022

Click [here](#) for *HSE Academic calendar*



# EXCHANGE AT HSE UNIVERSITY: **VISA AND LIFE IN MOSCOW**

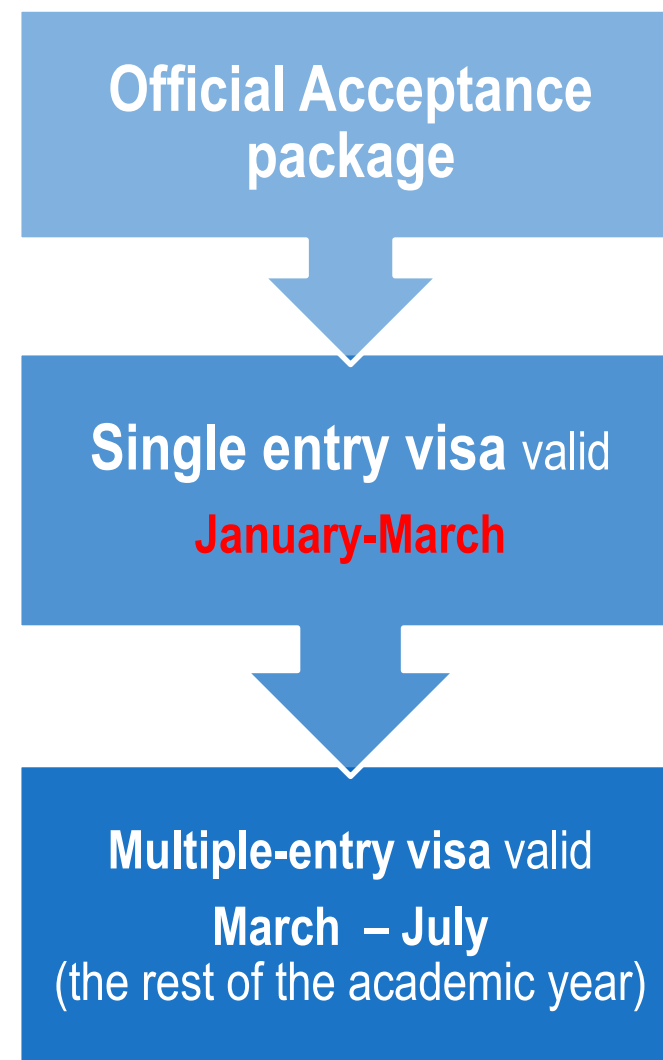






# EXCHANGE AT HSE UNIVERSITY: **VISA AND LIFE IN MOSCOW**

## VISA



— includes digital copies of Visa Invitation + Acceptance Letter (optional).

The Acceptance package is sent to your e-mail.

— applied for at a Russian consulate in your country of residence.

**!** If you need to leave Russia while having a single-entry visa, apply for a new Visa Invitation 45 days ahead to get a new single-entry visa.

— applied for in Moscow via HSE University [Visa and Registration Centre](#)

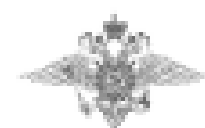
Expiration date is linked to the end date of the semester.

***NB!*** HSE University does not sponsor student visas and does not provide any visa support for family members or friends!



# EXCHANGE AT HSE UNIVERSITY: **VISA AND LIFE IN MOSCOW**

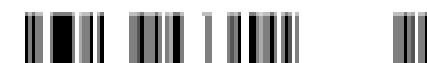
## LETTER OF INVITATION



МВД России

Электронное приглашение на въезд в Российскую Федерацию  
Electronic invitation to enter the Russian FederationНомер приглашения  
Invitation number 771 01 2Y90 274Орган, оформивший приглашение  
Invitation issuing authority .

Дата и место рождения Date and place of birth	03.02.1996, ИТАЛИЯ, БОЛОНЬЯ		Пол Sex	МУЖ
Гражданство Nationality	ИТАЛИЯ			
Документ, удостоверяющий личность / Passport or other ID				
Номер Number	УВ 059		Дата выдачи Date of issue	24.04.2019
Категория и вид визы Category and type of visa	ОБЫКНОВЕННАЯ УЧЕБНАЯ [OU]		Кратность виз Number of entries	ОДНОКРАТНАЯ [O]
Выезд с Entry from	08.01.2020	Президент по Stay until	06.04.2020	На срок (дней) Duration of stay (days) 0090
Место получения визы Place of visa issuance	ИТАЛИЯ, МИЛАН			
Цель поездки Purpose of entry	УЧЕБА			
Приглашающая сторона Invited by	НИУ ВШЭ, 101000, Г. МОСКВА, УЛ. МЯСНИЦКАЯ, Д. 20			



# EXCHANGE AT HSE UNIVERSITY: **VISA AND LIFE IN MOSCOW**

## TICKETS

- ▶ After you obtain your student visa, book a flight for January 9-11 with a flexible date/refund option,
- ▶ Inform SIMO of your visa details and arrival date by December 20,
- ▶ We recommend booking direct flights from the country of your citizenship /residence permit,
- ▶ Choose any Moscow airport as all airports are equally connected to the city center via Aeroexpress trains.
- ▶ Pick the flight not by the airport but rather the time of arrival: daytime or early evening is always preferable.



Aeroexpress train schedule can be found on: <https://aeroexpress.ru/en/aero/toMoscow.html>

# EXCHANGE AT HSE UNIVERSITY: **VISA AND LIFE IN MOSCOW**

## MEDICAL INSURANCE

- ▶ Purchased by a student;
- ▶ Check if your Russian Consulate has any requirements;
- ▶ Must cover the whole period of stay in Russia;  
Must include: tests, basic diagnostics, medical certificates, dental procedures, trauma assistance, repatriation, test for COVID-19 by PCR method – [see more](#)
- ▶ If any special treatment is required, make sure that your insurance plan will cover it as well;
- ▶ If you suffer from a disease or allergies make sure that you will be able to get the necessary medication in Russia/bring it with you.

According to HSE University internal regulations, international students are *obliged to have a medical insurance.*

**! Check with the Russian embassy the medication transportation policy.**



# EXCHANGE AT HSE UNIVERSITY: **VISA AND LIFE IN MOSCOW**



# EXCHANGE AT HSE UNIVERSITY: **VISA AND LIFE IN MOSCOW**

## DORMITORY

- ▶ Dormitory is requested for in your online HSE profile – dormitory is guaranteed to every student who checked ‘yes’;
- ▶ Information about dormitory allocation will be sent out by mid-December;
- ▶ Students’ bedrooms are shared, arranged on the basis of double occupancy; No single rooms
- ▶ Prices: 1 700,00 rub per month;
- ▶ Health certificate signed and stamped by a physician in your home country must be submitted to check into a dormitory;
- ▶ Address your special requests or questions in regard to the dormitory to Lyubov Nikolaevna Barminova in the Dormitory Management Office at [lbarminova@hse.ru](mailto:lbarminova@hse.ru).



More info on [istudents.hse.ru](https://istudents.hse.ru)



# EXCHANGE AT HSE UNIVERSITY: VISA AND LIFE IN MOSCOW

## DORMITORY

Печатается на официальном бланке  
To be issued on the official letterhead

**Справка о состоянии здоровья** \_\_\_\_\_  
**Health certificate** (ФИО, Дата рождения/ First Name, Family Name

Date of birth)

В Национальный исследовательский университет «Высшая школа экономики»  
TO: National Research University Higher School of Economics

Данные о состоянии здоровья на момент обследования:  
Health status at the time of examination:

Рентгенодиагностика. Данные рентгеновского (флюорографического) обследования.  
Radiodiagnosis. X-ray data examinations.

Лабораторная диагностика (Laboratory diagnostics).  
Анализ крови на ВИЧ, гепатит В (Blood test for HIV. Hepatitis B).

Сведения о прививках (с обязательным указанием сведений о прививках против кори)  
(заполняется на основании прививочного сертификата)  
Information about vaccinations (with obligatory information about vaccinations against  
measles) (filled in on the basis of vaccination certificate).

Врачебное заключение.  
Medical report.

Настоящим подтверждаю, что

\_\_\_\_\_  
(ФИО/First Name, Family Name)

инфекционных заболеваний не имеет и может проживать в общежитии.

This is to confirm that

has no infection diseases and is allowed to stay in a dormitory.

Имя, подпись и печать врача и штамп, печать лечебного учреждения  
Name, signature and stamp of the doctor and stamp of a medical institution

Дата выдачи справки  
Date of certificate issuing

# EXCHANGE AT HSE UNIVERSITY: **VISA AND LIFE IN MOSCOW**

## PRIVATE HOUSING

- ▶ HSE University does not provide assistance in renting an apartment.
- ▶ Check that the owner of the apartment is ready to arrange a registration slip.
- ▶ Local flat hunting websites:
  - Facebook group [Flats for friends](#) (in Russian)
  - [airbnb.com](#) (short-term rentals)
  - [thelocals.ru](#) (in Russian, small membership fee)



**NB!** Safety and security issues are student's responsibility when renting accommodation on private market.





# EXCHANGE AT HSE UNIVERSITY: **ACADEMIC MATTERS**



# EXCHANGE AT HSE UNIVERSITY: **ACADEMIC MATTERS**

## Spring 2022:

## Mode of studies to be confirmed





## EXCHANGE AT HSE UNIVERSITY: **ACADEMIC MATTERS**

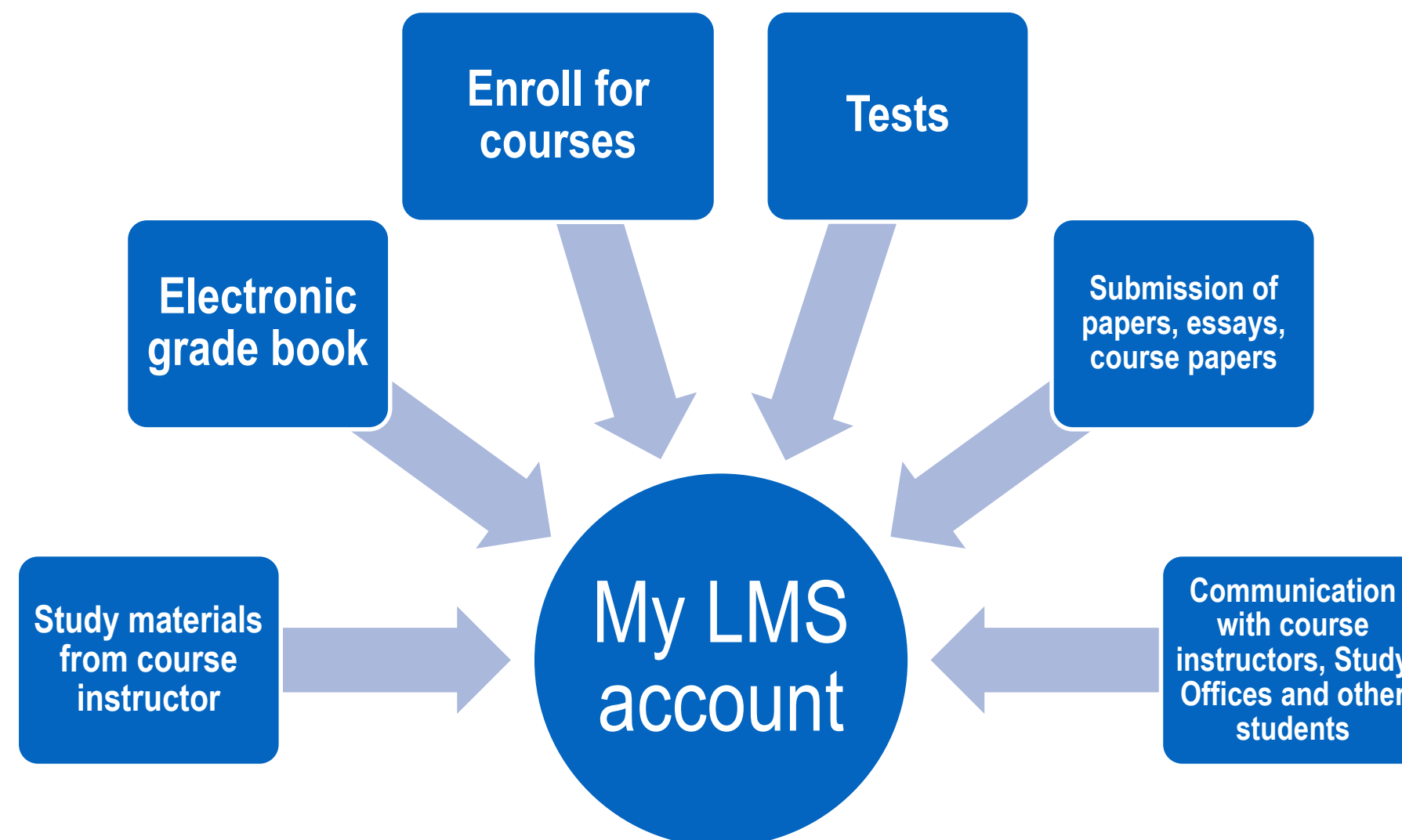
Modules and Breaks	Start/End dates	Exam dates
Module 3	January 10 – March 27	March 28 – April 3
Module 4	April 4 – June 19	June 20 – June 30
<i>Spring break May 2 – May 9</i>		

Click [here](#) for *HSE University Academic calendar*

# EXCHANGE AT HSE UNIVERSITY: **ACADEMIC MATTERS**

## COURSE ENROLLMENT THROUGH LMS

LMS (Learning Management System)







# EXCHANGE AT HSE UNIVERSITY: **ACADEMIC MATTERS**

## COURSE ENROLLMENT IN LMS

**STEP 1**     [Check that you can access your LMS profile and HSE e-mail](#)

**STEP 2**     Receive a notification about the start of course enrollment

**STEP 3**     Enroll in courses in LMS (from end of November 2021)





# EXCHANGE AT HSE UNIVERSITY: ACADEMIC MATTERS

## PRELIMINARY COURSE CHOICE

### HSE University Course catalogue

**\*\*\*Choose both BA and MA courses as long as it is fine with your home uni**

**\*\*\* Check possible pre-requisites**

### Courses

● MASTER 2021/2022

**Abnormal and Clinical Psychology: Social and Cultural Contexts**

Type: Elective course (Applied Social Psychology)      Language: English

Area of studies: Psychology      ECTS credits: 5

Delivered by: School of Psychology

When: 1 year, 3, 4 module

Mode of studies: offline

Open to: students of one campus

Instructors: Tomas Jurcik

● BACHELOR 2021/2022

**Abstract Mathematics**

Type: Compulsory course (HSE University and University of London Double Degree Programme in Economics)      Language: English

Area of studies: Economics      ECTS credits: 8

Delivered by: International College of Economics and Finance

When: 3 year, 1-4 module

Mode of studies: distance learning

Open to: students of one campus

Instructors: Alexey Akhmetshin, Dmitri Piontkovski

**Campus**

☐ All campuses

☒ Moscow

☐ Saint Petersburg

☐ Nizhny Novgorod

☐ Perm

**Where**

Choose faculty / school / department

**Title**

**Keywords**

**Students' selection**

Doesn't matter

**Instructor**

Choose lecturer

**Academic Year**

2021/2022

**Level of education**

☐ Any

**Area of studies**

Choose field of studies

### Learning Agreement

#### Student Mobility for Studies

Higher Education:  
Learning Agreement form  
Student's name  
Academic Year 20.../20...

Student	Last name(s)	First name(s)	Date of birth	Nationality <sup>1</sup>	Sex [M/F]	Study cycle <sup>2</sup>	Field of education <sup>3</sup>
Sending Institution	Name	Faculty/Department	Erasmus code <sup>4</sup> (if applicable)	Address	Country	Contact person name <sup>5</sup> ; email; phone	
Receiving Institution	Name	Faculty/ Department	Erasmus code (if applicable)	Address	Country	Contact person name; email; phone	

Learning agreement ‘Before mobility’ section – signed by SIMO (optional)

# EXCHANGE AT HSE UNIVERSITY: **ACADEMIC MATTERS**

## TYPES OF COURSES

### Face-to-face courses at HSE

*\*HSE Course catalogue*  
*Open to: students of one campus*

- Campus-based courses
- Lectures
- Seminars
- Projects
- Oral/written exam

### Online courses

*\*HSE Course catalogue*  
*Open to: students of all campuses*

Students of any campus

Courses taught by  
HSE instructors

- Lectures
- Seminars
- Projects
- Oral/written exam

MOOC-based courses with  
possible HSE component

- mostly a Coursera MOOC
- HSE component (seminar, exam)

# EXCHANGE AT HSE UNIVERSITY: **ACADEMIC MATTERS**

## CREDITS AND GRADING SYSTEM



ECTS – European Credit Transfer and Accumulation System

ECTS Grades		HSE Grades	
		10-point scale	5-point scale
A++	Excellent	10	5
A+	Very good	9	5
A	Very good	8	5
B+	Good	7	4
B-	Good	6	4
C+	Satisfactory	5	3
C-	Satisfactory	4	3
F	Fail	3	2
F	Fail	2	2
F	Fail	1	2

**1 ECTS = 38 academic hours = 25 astronomical hours.**

**1 academic hour = 40 minutes**

**Students are usually  
advised to take  
NO MORE THAN 30 ECTS**



**Face-to-face students:  
AT LEAST 15 ECTS**

Information about *HSE University* grading system can be found on  
<https://www.hse.ru/en/studyspravka/kontr>





# EXCHANGE AT HSE UNIVERSITY: **ACADEMIC MATTERS**

## ASSESSMENT CRITERIA

Course assessment criteria – check the course syllabus in the course catalogue and in LMS

Example:

0.350 Final Take-Home Essay or Research Proposal

0.300 Student Presentations

0.250 Mid-Term Exam

0.100 Attendance



**Attendance matters!**



# EXCHANGE AT HSE UNIVERSITY: **ACADEMIC MATTERS**

## RUSSIAN AS A FOREIGN LANGUAGE COURSE

▶ A standard Russian language course is offered to exchange and visiting students.

**FREE OF CHARGE FOR EXCHANGE STUDENTS**

**1 COURSE PER SEMESTER**

**6 ECTS**

▶ To enroll please take a placement test in LMS by January 7, 2022.

# EXCHANGE AT HSE UNIVERSITY

 <https://istudents.hse.ru/en/>

 [international.study@hse.ru](mailto:international.study@hse.ru)





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