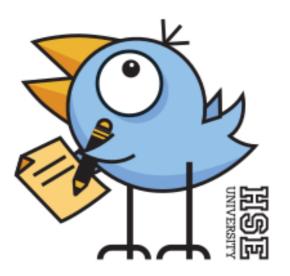


SIMO-Student International Mobility Office

EXCHANGE AT HSE UNIVERSITY: VISA AND LIFE IN MOSCOW





- 1. Current COVID-19 situation in Moscow
- 2. Important dates
- 3. Visa
- 4. Medical insurance
- 5. Tickets
- 6. Dormitory



Tatiana Gremiakina

Incoming mobility coordinator



Deputy Director of SIMO





Current COVID-19 situation in Moscow

- Vaccination is underway
- Masks, social distancing, hand sanitizers
- Shops and restaurants are open with safety measures
- No travel restrictions within Russia





Can I travel to Russia for the Fall 2021 semester?



Check the country list on https://ivisa.hse.ru/en/

News

Russia resumes air connections with the UK since June 2nd,
2021 and prolongs restrictions for connections with Tanzania
and Turkey

Air Travel Resumed

June 01

Multiple entry allowed for Highly qualified specialists (HQS)



Passport or residence permit holders of 37 countries (as of 4 June '21)

Direct flight

Face-to-face learning in Russia



Citizens of other countries:

Online learning in your home country





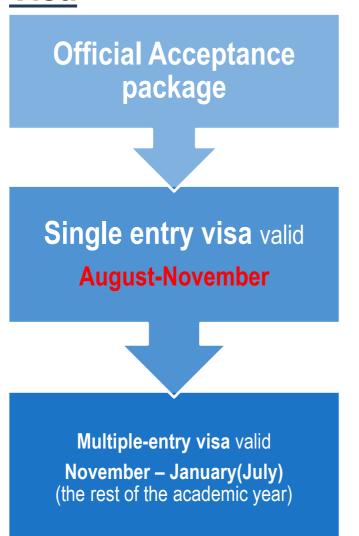
Semester dates

1st PCR test	3 days prior to your departure
Arrival dates	19.08-20.08.2021
2 nd PCR test	3 days after your arrival
Orientation session	August 2021 – dates are to be confirmed
Study period: Fall semester	01.09.2021 – 31.12.2021
Departure dates: Fall semester	25.12.2021 – 03.01.2022

Click <u>here</u> for HSE Academic calendar



<u>Visa</u>



- includes digital copies of Visa Invitation + Acceptance Letter (optional).
 The Acceptance package is sent to your email.
- applied for at a Russian consulate in your country of residence.
- ! If you need to leave Russia while having a single-entry visa, apply for a new Visa Invitation 45 days ahead to get a new single-entry visa.

- applied for in Moscow via HSE University <u>Visa and Registration Center</u>.
 Expiration date is linked to the end date of the semester.
- Try not to plan travelling outside Russia during your exchange

NB! HSE University <u>does not sponsor</u> student visas and <u>does not provide any visa support</u> for family members or friends!



LETTER OF INVITATION





Приглашающая гторона НИУ ВШЭ, 101000, Г. МОСКВА, УЛ. МЯСНИЦКАЯ, Д. 20.





TICKETS

- After you obtain your student visa, book a flight for August 19-20 with a flexible date/refund option;
- Please book direct flights from the country of your citizenship /residence permit only.
- Choose any Moscow airport, since all airports are equally connected to the city center via Aeroexpress trains.
- Pick the flight not by the airport but rather the time of arrival: daytime or early evening is always preferable.

Aeroexpress train schedule can be found at: https://aeroexpress.ru/en/aero/toMoscow.html





MEDICAL INSURANCE

- Purchased by a student;
- Must cover the whole period of stay in Russia;
- Must include: tests, basic diagnostics, medical certificates, dental procedures, trauma assistance, repatriation, test for COVID-19 by PCR method;
- If any special treatment is required, make sure that your insurance plan will cover it as well;
- If you suffer from a disease or allergies make sure that you will be able to get the necessary medication in Russia/bring it with you.
 - ! Check with the Russian embassy the medication transportation policy.

According to HSE
University internal
regulations, international
students are obliged to
have a medical insurance.



DORMITORY

- Dormitory is requested for in online HSE profile dormitory is guaranteed to every student who checked 'yes';
- Information about dormitory of your stay will be sent by mid-August;
- Students' bedrooms are shared, arranged on the basis of double occupancy;
- Prices: 1 700,00 rub per month;
- Negative result of the test for COVID-19 by PCR (in Russian or English) made 3 days prior to the departure to Russia;
- Health certificate signed and stamped by a physician in your home country must be submitted to check into a dormitory;
- Address your special requests or questions in regard to the dormitory to Lyubov Nikolaevna Barminova in the Dormitory Management Office at lbarminova@hse.ru.



DORMITORY

Date of certificate issuing

Печатается на официальном бланке To be issued on the official letterhead Справка о состоянии здоровья Health certificate (ФИО, Дата рождения/ First Name, Family Name Date of birth) В Национальный исследовательский университет «Высшая школа экономики» TO: National Research University Higher School of Economics Данные о состоянии здоровья на момент обследования: Health status at the time of examination: Рентгенодиагностика. Данные рентгеновского (флюорографического) обследования. Radiodiagnosis. X-ray data examinations. Лабораторная диагностика (Laboratory diagnostics). Анализ крови на ВИЧ, гепатит В (Blood test for HIV. Hepatitis B). Сведения о прививках (с обязательным указанием сведений о прививках против кори) (заполняется на основании прививочного сертификата) Information about vaccinations (with obligatory information about vaccinations against measles) (filled in on the basis of vaccination certificate). Врачебное заключение. Medical report. Настоящим подтверждаю, что (ФИО/First Name, Family Name) инфекционных заболеваний не имеет и может проживать в общежитии. This is to confirm that has no infection diseases and is allowed to stay in a dormitory. Имя, подпись и печать врача и штамп, печать лечебного учреждения Name, signature and stamp of the doctor and stamp of a medical institution Дата выдачи справки



PRIVATE HOUSING

- HSE University does not provide assistance in renting an apartment.
- Check that the landlord is ready to arrange a registration slip
- Trustworthy estate agents and relocation agencies which have English-speaking staff:

Facebook group Flats for friends (in Russian)
airbnb.com (short-term rentals)
thelocals.ru (in Russian, small membership fee)





BUDDY ASSISTANCE

Who is a buddy?

https://istudents.hse.ru/en/esn/

What buddies do/don't do:

https://istudents.hse.ru/en/esn/



If you have any questions or need to report a problem, contact the board of ESN HSE Moscow: buddy@hsemsk.esnrussia.org



USEFUL LINKS

Student International Mobility Office website: https://istudents.hse.ru/en/

Visa: https://ivisa.hse.ru/en/

Health insurance: https://istudents.hse.ru/en/medical/

HSE University Dormitories: https://www.hse.ru/en/dormitory/

Life in Moscow: https://www.hse.ru/recommends

Map of HSE University buildings: https://www.hse.ru/en/buildinghse/list

Facebook group: https://www.facebook.com/groups/hse.international.students/



Address: 11 Pokrovskiy blvd., office D605

Phone: +7 (495) 772 95 90

https://istudents.hse.ru/en