



NATIONAL RESEARCH
UNIVERSITY

SIMO-Student International Mobility Office

EXCHANGE AT HSE UNIVERSITY: VISA AND LIFE IN MOSCOW



Moscow, 2021



EXCHANGE AT HSE UNIVERSITY: **VISA AND LIFE IN MOSCOW**

1. Current COVID-19 situation in Moscow
2. Important dates
3. Visa
4. Medical insurance
5. Tickets
6. Dormitory



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Incoming mobility coordinator

Valeria Sokolova

Deputy Director of SIMO



EXCHANGE AT HSE UNIVERSITY: **VISA AND LIFE IN MOSCOW**

Current COVID-19 situation in Moscow

- Vaccination is underway
- Masks, social distancing, hand sanitizers
- Shops and restaurants are open with safety measures
- No travel restrictions within Russia



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Can I travel to Russia for the Fall 2021 semester?

Check the country list on <https://ivisa.hse.ru/en/>



News

Russia resumes air connections with the UK since June 2nd, 2021 and prolongs restrictions for connections with Tanzania and Turkey

.June 01

Air Travel Resumed

June 01

Multiple entry allowed for Highly qualified specialists (HQS)

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**Passport or residence permit holders
of 37 countries (as of 4 June '21)**

Direct flight

Face-to-face learning in Russia



Citizens of other countries:

**Online learning
in your home country**





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Semester dates

1 st PCR test	3 days prior to your departure
Arrival dates	19.08-20.08.2021
2 nd PCR test	3 days after your arrival
Orientation session	August 2021 – dates are to be confirmed
Study period: <i>Fall semester</i>	01.09.2021 – 31.12.2021
Departure dates: <i>Fall semester</i>	25.12.2021 – 03.01.2022

Click [here](#) for *HSE Academic calendar*



EXCHANGE AT HSE UNIVERSITY: **VISA AND LIFE IN MOSCOW**

Visa



— includes digital copies of Visa Invitation + Acceptance Letter (optional).

The Acceptance package is sent to your email.

— applied for at a Russian consulate in your country of residence.

! If you need to leave Russia while having a single-entry visa, apply for a new Visa Invitation 45 days ahead to get a new single-entry visa.

— applied for in Moscow via HSE University [Visa and Registration Center](#).

Expiration date is linked to the end date of the semester.

- Try not to plan travelling outside Russia during your exchange

NB! HSE University does not sponsor student visas and does not provide any visa support for family members or friends!



EXCHANGE AT HSE UNIVERSITY: VISA AND LIFE IN MOSCOW

LETTER OF INVITATION



на № _____ от _____

**КОНСУЛЬСКИЙ ОТДЕЛ
ПОСОЛЬСТВА РФ
ВО ФРАНЦИИ**

Национальный исследовательский университет "Высшая школа экономики" (ИНН 7714030726, регистрация в УВМ ГУ МВД России по г. Москве № 3114) в соответствии с Соглашением между Правительством Российской Федерации и Европейским сообществом об упрощении выдачи виз гражданам Российской Федерации и Европейского союза и в соответствии с Соглашением между Высшей школой экономики и Национальной школой картин г. Париж о студенческом обмене просит вас выдать визу студентке Национальной школы картин г. Париж госпоже пригласившей в НИУ ВШЭ для учебы по программе обмена:

Гражданка Германии

Дата рождения: _____
Пол: женский
Паспорт: _____
Срок действия визы: с 08 января 2020г. по 06 апреля 2020г.
Кратность визы: однократная
Цель поездки: учеба
Вид визы: обыкновенная учебная
Города посещения: Москва

Гарантии материального, медицинского, и жилищного обеспечения иностранных граждан и лиц без гражданства на период их пребывания в Российской Федерации, утвержденные постановлением Правительства РФ от 24 марта 2003 г. № 167, обязуемся выполнять.

Директор центра эконо-миграционного
сопровождения иностранных граждан
Дирекция по интернационализации

Сколько Л.С. 40 91 4081

		МВД России		Электронное приглашение на въезд в Российскую Федерацию Electronic invitation to enter the Russian Federation	
Номер приглашения Invitation number		771 01 2Y90 274		Орган, оформивший приглашение Invitation issuing authority	
Дата и место рождения Date and place of birth		03.02.1996, ИТАЛИЯ, БОЛОНЬЯ		Пол Sex	МУЖ
Гражданство Nationality		ИТАЛИЯ			
Документ, удостоверяющий личность / Passport or other ID					
Номер Number		УВ 059		Дата выдачи Date of issue	24.04.2019
Категория и вид визы Category and type of visa		ОБЫКНОВЕННАЯ УЧЕБНАЯ [OU]		Кратность виз Number of entries	ОДНОКРАТНАЯ [O]
Выезд с Entry from		08.01.2020		Пребывание по Stay until	06.04.2020
				На срок (дней) Duration of stay (days)	0090
Место получения визы Place of visa issuance		ИТАЛИЯ, МИЛАН			
Цель поездки Purpose of entry		УЧЕБА			
Приглашающая сторона Invited by		НИУ ВШЭ, 101000, Г. МОСКВА, УЛ. МЯСНИЦКАЯ, Д. 20			





EXCHANGE AT HSE UNIVERSITY: **VISA AND LIFE IN MOSCOW**

TICKETS

- After you obtain your student visa, book a flight for August 19-20 with a flexible date/refund option;
- Please book direct flights from the country of your citizenship /residence permit only.
- Choose any Moscow airport, since all airports are equally connected to the city center via Aeroexpress trains.
- Pick the flight not by the airport but rather the time of arrival: daytime or early evening is always preferable.

Aeroexpress train schedule can be found at:

<https://aeroexpress.ru/en/aero/toMoscow.html>



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MEDICAL INSURANCE

- ▶ Purchased by a student;
- ▶ Must cover the whole period of stay in Russia;
- ▶ Must include: tests, basic diagnostics, medical certificates, dental procedures, trauma assistance, repatriation, test for COVID-19 by PCR method;
- ▶ If any special treatment is required, make sure that your insurance plan will cover it as well;
- ▶ If you suffer from a disease or allergies make sure that you will be able to get the necessary medication in Russia/bring it with you.

! Check with the Russian embassy the medication transportation policy.

According to HSE University internal regulations, international students are *obliged to have a medical insurance.*



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DORMITORY

- ▶ Dormitory is requested for in online HSE profile – dormitory is guaranteed to every student who checked 'yes';
- ▶ Information about dormitory of your stay will be sent by mid-August;
- ▶ Students' bedrooms are shared, arranged on the basis of double occupancy;
- ▶ Prices: 1 700,00 rub per month;
- ▶ Negative result of the test for COVID-19 by PCR (in Russian or English) made 3 days prior to the departure to Russia;
- ▶ [Health certificate](#) signed and stamped by a physician in your home country must be submitted to check into a dormitory;
- ▶ Address your special requests or questions in regard to the dormitory to Lyubov Nikolaevna Barminova in the Dormitory Management Office at lbarminova@hse.ru.



EXCHANGE AT HSE UNIVERSITY: VISA AND LIFE IN MOSCOW

DORMITORY

Печатается на официальном бланке
To be issued on the official letterhead

Справка о состоянии здоровья _____
Health certificate (ФИО, Дата рождения/ First Name, Family Name
Date of birth)

В Национальный исследовательский университет «Высшая школа экономики»
TO: National Research University Higher School of Economics

Данные о состоянии здоровья на момент обследования:
Health status at the time of examination:

Рентгенодиагностика. Данные рентгеновского (флюорографического) обследования.
Radiodiagnosis. X-ray data examinations.

Лабораторная диагностика (Laboratory diagnostics).
Анализ крови на ВИЧ, гепатит В (Blood test for HIV. Hepatitis B).

Сведения о прививках (с обязательным указанием сведений о прививках против кори)
(заполняется на основании прививочного сертификата)
Information about vaccinations (with obligatory information about vaccinations against
measles) (filled in on the basis of vaccination certificate).

Врачебное заключение.
Medical report.

Настоящим подтверждаю, что

(ФИО/First Name, Family Name)
инфекционных заболеваний не имеет и может проживать в общежитии.

This is to confirm that

has no infection diseases and is allowed to stay in a dormitory.

Имя, подпись и печать врача и штамп, печать лечебного учреждения
Name, signature and stamp of the doctor and stamp of a medical institution

Дата выдачи справки
Date of certificate issuing

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PRIVATE HOUSING

- ▶ HSE University does not provide assistance in renting an apartment.
- ▶ Check that the landlord is ready to arrange a registration slip
- ▶ Trustworthy estate agents and relocation agencies which have English-speaking staff:

Facebook group [Flats for friends](#) (in Russian)
[airbnb.com](#) (short-term rentals)
[thelocals.ru](#) (in Russian, small membership fee)



NB! Safety and security issues are student's responsibility when renting accommodation in private market!



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BUDDY ASSISTANCE

▶ **Who is a buddy?**

<https://istudents.hse.ru/en/esn/>

▶ **What buddies do/don't do:**

<https://istudents.hse.ru/en/esn/>



If you have any questions or need to report a problem, contact the board of ESN HSE Moscow:
buddy@hsemsk.esnrussia.org



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USEFUL LINKS

Student International Mobility Office website: <https://istudents.hse.ru/en/>

Visa: <https://ivisa.hse.ru/en/>

Health insurance: <https://istudents.hse.ru/en/medical/>

HSE University Dormitories: <https://www.hse.ru/en/dormitory/>

Life in Moscow: <https://www.hse.ru/recommends>

Map of HSE University buildings: <https://www.hse.ru/en/buildinghse/list>

Facebook group: <https://www.facebook.com/groups/hse.international.students/>



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<https://istudents.hse.ru/en>