



# SAFETY

## RULES AND WELLBEING

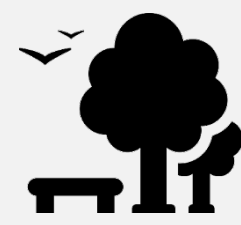


# 1



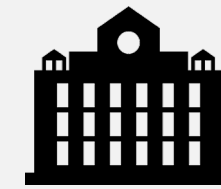
**GENERAL TIPS  
AND  
RECOMMENDATIONS**

# 2



**SAFETY  
IN THE CITY**

# 3



**SAFETY  
AT THE  
UNIVERSITY**

# 1

## GENERAL TIPS AND RECOMMENDATIONS

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**01** Follow the rules of conduct and Russian legislation. Respect the rights of others.

**02** Keep documents and valuables in a secure place.

**03** Make and save copies of your documents

**04** Extend your visa and registration on time!

**05** Always carry with you:

- Passport
- Registration slip
- Migration card
- Student ID

**06** Be understanding of the instances when you are asked to present your ID and belongings for inspection.

**07** Save Useful Contact Numbers:

- ✓ **112;**
- ✓ **Centre for International Student Mobility ;**
- ✓ **International Student Support Centre;**
- ✓ **Embassy;**
- ✓ **Insurance company;**

**08** Check with your insurance company about where and how you can receive medical care

**09** Be aware of potential weather and climate-related risks (abnormally low or high temperatures, etc.)

**10** Be aware of possible household issues (faulty appliances, broken furniture, etc.)

**11** Try to eat only those foods and drinks whose origins you are sure of. Be wary of unfamiliar products.

**12** Do not drink tap water



**SAFETY IN THE CITY**

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# **PERSONAL SAFETY**

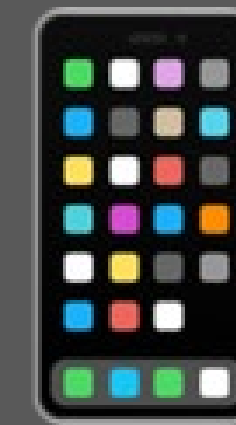
# 2

## SAFETY IN THE CITY

### Case 1

You walk along a deserted street at night, listening to music with headphones.

A man comes up to you from behind and places a solid object at your back. He threatens to shoot if you don't give him your wallet and phone.



# 2

## SAFETY IN THE CITY

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### Case 2

Police officers stop you on the street and ask for your documents. When you try to find your documents in your bag, you realize that you left them at the dorm. The police officers suggest that you pay a fine in the amount of 10,000 RUB on the spot and promise to let you go.



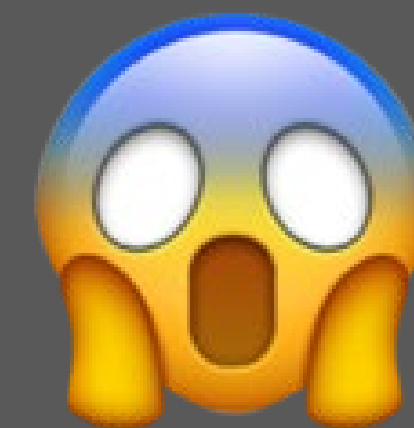
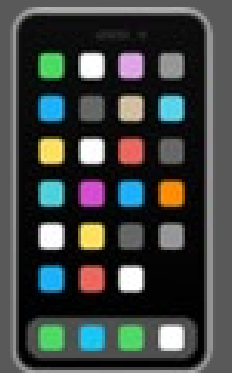
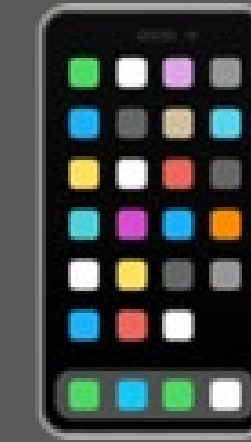


# 2

## SAFETY IN THE CITY

### Case 3

During the day, you walk along a street holding a phone and texting. There are cafes and shops nearby; it's not very crowded on the street, but you see several people nearby. Unexpectedly, a teenager runs up behind you and tries to wrestle your phone out of your hands.



# 2

## SAFETY IN THE CITY

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### Personal Safety Tips



**01** When you walk along the the streets, choose crowded places and well-lit areas.

**02** Keep documents and valuables secure by storing them in a safe place.

**03** Beware of people begging on the street.

**04** Avoid displaying your phone, money or other valuables.

**05** Stay away from unfamiliar groups of people and intoxicated individuals.

**06** If someone speaks rudely with you or mocks you, do not respond. Do not let them provoke you.

**07** Do not give your phone number away to an unfamiliar person.





**SAFETY IN THE CITY**

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# **SAFETY** **ON TRANSPORT**

# 2

## SAFETY IN THE CITY

### Case 1

At the metro station, a person accidentally slipped and fell on the rails. An approaching train is not yet seen, but the person seriously injured his leg and cannot move independently. What should the person do in this situation? How should the other people on the platform act? Provide reasons for your answer.





# 2

## SAFETY IN THE CITY

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### Case Solution

If you are the one injured:

Lay down in the space between the rails

01



Wait for a metro employee

02



# 2

## SAFETY IN THE CITY

### Case Solution

If you've witnessed the accident:

01



Inform a metro employee

02



If train approaches, show a special sign to a train driver



# 2

## SAFETY IN THE CITY

### Case 2

During morning rush hour, you get on the bus. It's quite crowded inside. At the next stop, most of the passengers get off. At the back of the bus, you notice a box standing on a floor and wrapped in tape. There are no passengers next to the unattended item. What should you do in this situation?



# 2

## SAFETY IN THE CITY

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### Case Solution

01 Ask people if it belongs to them



02 Inform the driver about the box



03 Do not attempt to touch or open the box





# 2

## SAFETY IN THE CITY

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### Ground Public Transport

**01** KEEP YOUR PERSONAL BELONGINGS IN A SAFE PLACE

**02** HOLD ONTO THE HANDRAILS

**03** PAY YOUR FARE → YOU RISK A FINE IF YOU DON'T

**04** ALWAYS INFORM THE DRIVER ABOUT SUSPICIOUS OBJECTS AND UNATTENDED ITEMS

### IN THE EVENT OF AN EMERGENCY OR SECURITY/SAFETY RISK:

★ inform the driver immediately

★ use emergency exits by breaking the glass

★ ask the driver for a first-aid kit (if necessary)

# 2



## SAFETY IN THE CITY

### Metro

**01** DO NOT GET TOO CLOSE TO THE EDGE OF THE PLATFORM

**02** DO NOT ATTEMPT TO RETRIEVE ITEMS DROPPED ON THE RAILS BY YOURSELF

**03** KEEP YOUR PERSONAL BELONGINGS IN A SAFE PLACE

**IN THE EVENT OF AN  
EMERGENCY OR  
SECURITY/SAFETY RISK:**

★ If you are located on the platform:

- Inform a police officer or metro employee nearby
- Use the call button located on the emergency assistance box (SOS)

★ If you are on the train:

- Inform the train driver using the call button (SOS)



# 2



## SAFETY IN THE CITY

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### Taxi



USE ONLY OFFICIAL, REGISTERED TAXI SERVICES



DO NOT HITCH A RIDE



CONFIRM THE COST OF THE TRIP ONCE INSIDE



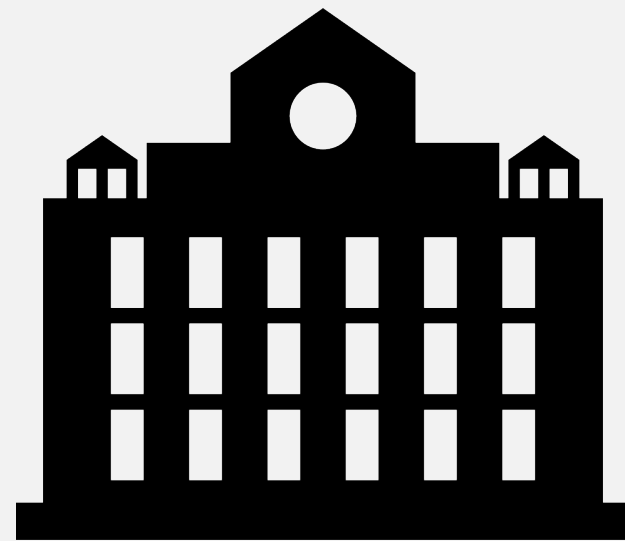
FASTEN YOUR SEATBELTS



CHECK THE CAR FOR ANY ITEMS LEFT BEHIND AT THE END OF THE TRIP

# 3

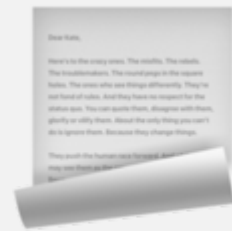
## **SAFETY AT** **THE UNIVERSITY**



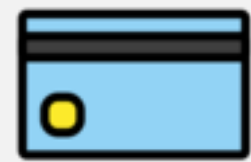
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## SAFETY AT THE UNIVERSITY

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READ THE DOCUMENTS AND MATERIALS AVAILABLE ON THE WEBSITE UNDER THE SECTION [«SAFETY & CODE OF CONDUCT»](#)



ALWAYS CARRY YOUR ELECTRONIC PASS WITH YOU. BE AWARE OF THE SYSTEM FOR GRANTING ACCESS TO HSE UNIVERSITY FACILITIES.



DO NOT LEAVE ITEMS UNATTENDED.

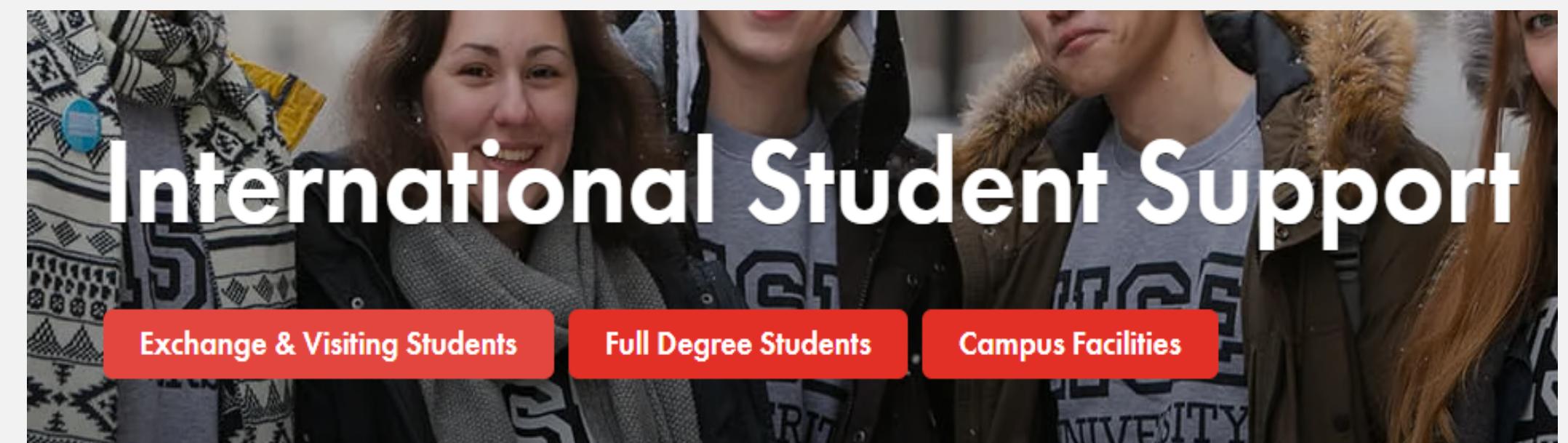


SAVE USEFUL CONTACT NUMBERS:

- 112
- 7 (985) 040-13-55: HSE University Emergency Line
- Centre for International Student Mobility



[\*\*istudents.hse.ru/en\*\*](https://istudents.hse.ru/en)



### Safety & Code of Conduct

All HSE University students are required to follow the safety procedures and abide by the code of conduct which is dictated by the internal regulations. International students are recommended to get familiar with the existing safety and security regulations, internal rules and guidelines for living and studying in safe and secure environment during your stay at HSE University.

If you find yourself in a situation, threatening your or someone else's life, health or safety (car accident, robbery, fire, burglary etc.)

**CALL 112 – universal emergency number for mobile phones**

On campus, during office hours, any emergency can also be directed to the **International Student Support Centre**.

**Address:** 11 Pokrovsky bulvar, room D626

**Phone:** +7 (495) 772-95-90, ext. \* 27661, \* 27662

**Emergency telephone number:** +7 (985) 040 13 55



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## SAFETY IN THE UNIVERSITY

### IN THE EVENT OF AN EMERGENCY OR A SAFETY/SECURITY RISK...



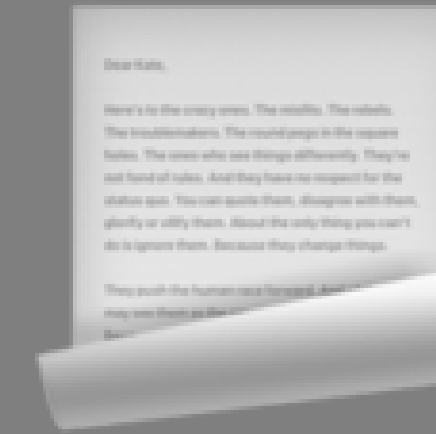
If you are located within an HSE University building, inform:

- security personnel located at the security posts
- Centre for International Student Mobility
- International Student Support Centre



If you are located in the dorm, inform:

- The security post
- dormitory administrator on duty



### INSTRUCTIONS ON STAYING SAFE DURING A TERRORIST SITUATION

### EVACUATION PROCEDURE IN CASE OF FIRE OR EMERGENCY SITUATIONS

Medical aid

### FIRST-AID POSTS

### FIRST AID INSTRUCTIONS

### INSTRUCTIONS FOR USING FIRST-AID KITS

# LET'S PLAY Kahoot!

<https://kahoot.it>

Wi-Fi:

Login: **hseguest**

Password: **hsepassword**



# CONTACTS

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## CENTRE FOR INTERNATIONAL STUDENT MOBILITY

+7 (495) 772-95-90 \*27668  
(Monday through Friday, 9.30AM – 6.30PM)



## INTERNATIONAL STUDENT SUPPORT CENTRE

+7 (495) 772-95-90 \*27662  
(Monday through Friday, 10.00AM – 7.00PM)  
**+7 (985) 040-13-55 (24/7)**

UNIVERSAL EMERGENCY NUMBER

**112 (24/7)**





**THANK YOU FOR  
YOUR ATTENTION**