



NATIONAL RESEARCH  
UNIVERSITY

CISM- Centre for International Student Mobility

**EXCHANGE AT HSE:  
READY, STEADY, GO!**

Moscow, 2019

# EXCHANGE AT HSE: READY, STEADY, **GO!**

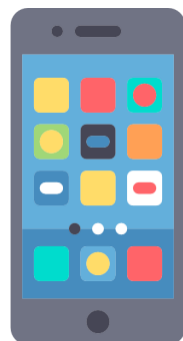
## PACKING TIPS



### DOCUMENTS

- ☐ Passport with visa
- ☐ Tickets
- ☐ Health insurance
- ☐ Health Certificate signed and stamped by physician
- ☐ Digital copies of all documents

**NB!** You are required to have copies of all passport pages with marks and stamps



### MOBILE PHONE

- ☐ Has enough battery power
- ☐ Home provider has a roaming agreement with a Russian mobile company\*
- ☐ Charger



### ESSENTIAL CONTACTS

- ☐ Buddy
- ☐ Dormitory
- ☐ CISM- Centre for International Student Mobility (working hours)
- ☐ Embassy



### MONEY

- ☐ Petty cash (3000-5000 rub)

**NB!** Don't keep large amount of cash on you!



### MEDICATIONS

- ☐ Check with the Customs control the medication transportation policy



### APPROPRIATE CLOTHING

- ☐ Winter coat
- ☐ Warm hat and scarf
- ☐ Warm socks and gloves
- ☐ Waterproof winter boots with warm lining
- ☐ Umbrella

\*You will be able to buy a local SIM card only after you get a registration in Moscow.

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## UPON ARRIVAL



*5* (Visa/Departure)	
Российская Федерация/ Russian Federation	Республика Беларусь/ Republic of Belarus
Миграционная карта/ Migration Card	Серия/ Serial: 46 14
№/ No: 1234567	
Фамилия/Surname (Family name): ИВАНОВА	
Имя/First name(s): ЕКАТЕРИНА	
Дата рождения/Date of birth: 06.06.1998	
Пол/ Sex: Муж/ Male <input type="checkbox"/> Жен/ Female <input checked="" type="checkbox"/>	Гражданство/ Nationality: Российская Федерация/ Russian Federation
Паспорт или иной ID: AA1111111111	
Подпись/Signature: [Signature]	

### PASSPORT CONTROL

- ☐ Keep the **Migration Card** that you receive when you enter Russia – it has to be presented when you leave the country
- ☐ Bring your **Migration Card** to the Orientation Session



### CHECKING INTO A DORMITORY

- ☐ Check in 24/7
- ☐ Present Health Certificate signed by a physician in your home country



### REGISTRATION: within **3 working days**

- ☐ HSE dormitory: done by dormitory passport specialist;
- ☐ Rented accommodation: apartment owner must apply to a local territorial body of the Russian Ministry of Internal Affairs upon HSE's request.



### REACHING ACCOMMODATION

- ☐ [Aeroexpress](#) trains
- ☐ Reliable [taxi services](#)
- ☐ Interactive [metro map](#)



### ORIENTATION SESSION

- ☐ January 09 – 13

Schedule available [here](#).



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## COURSE ENROLLMENT

Opening of course enrollment form in LMS: **December 9-January 24**

Shopping period (i.e. course enrollment period): **January 9-January 24**

Signing learning agreements: **after January 24**

Russian as a Foreign Language placement test: **December 9-January 10**

[Learning Management System \(LMS\)](#)

[Shopping Period](#)

[Course Catalogue](#)

[Course Search Instruction](#)

[Course Enrollment Scheme](#)



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## USEFUL LINKS

Centre for International Student Mobility website: <https://istudents.hse.ru/en/>

Facebook: <https://www.facebook.com/groups/hse.international.students/>

Request a buddy: <https://istudents.hse.ru/en/buddy>

Life in Moscow: <https://www.hse.ru/recommends>

Aeroexpress: <https://aeroexpress.ru/en/aero.html>

## USEFUL APPS

Maps.me: <https://maps.me/>

Yandex metro: <https://metro.yandex.com/moscow>

Gett taxi: <https://gett.com/juno/>



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